

Sustaining care and connection

This pathway focuses on the conditions that allow people to stay involved.

Explore this pathway if you:

- are supporting people through care, coordination or connection
- notice the relational load of this work, often carried by individuals or small groups
- want care to be visible, valued and shared
- are shaping how people work together, formally or informally.

How this pathway moves

Move through these in any order. Return as needed.



Moving through the pathway

Structures that hold care

Notice routines, agreements or ways of working that shape how care is shared and supported.

Strengthen relationships

Pay attention to trust, reciprocity and how people stay connected when they come from different backgrounds, roles or experiences.

Shift culture

Notice everyday behaviours and norms that signal whose voices matter and how decisions are made.

Things to keep in mind



Care is shaped by systems and practices and not just goodwill.



Relational work often goes unseen.



Sustainable care depends on shared responsibility.

Where this pathway might lead

This pathway may support:

- clearer ways of sharing care, coordination and relational load across people and roles
- everyday structures and practices that make it easier for people to stay involved in place-based work
- stronger relationships built on trust, reciprocity and shared responsibility
- cultural shifts that make care more visible, valued and collectively held rather than carried by a few.

Want to go deeper?

Explore the full 'Sustaining care and connection' pathway for reflections and resources.

View this pathway on the [map](#) to see how pathways connect across individual and collective place-based work.



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